



FRA BRANCH 42 NEWSLETTER OCT - DEC 2017

President: Ken Senker 884-5874, Vice President: Jim Pace 885-6441, Secretary: Phil Justin 475-6028 cell: 741-8342
 Treasurer: Robert Campbell 294-4865

From Your President

On behalf of the members of Branch 42, we would like to extend our sincere condolences to the families of LCDR Charley L. Chapman, USN(RET) & EMCM Donald G. Pick, USN(RET) who are now serving on the staff of the Supreme Commander.

Welcome aboard to LCDR Gillian JAEGER, USMSC, (RET)

IMPORTANT DATES - Mark your calendar

The Annual Combined Christmas Party will be held on Saturday, December 9, 2017 at the Foster Country Club. Members are encouraged to attend:

Saturday, OCT 21, 2017 Regular monthly meeting at **10:30 a.m. (NOTE THE TIME CHANGE)** at the Seabee Museum & Memorial Park, 21 Iafate Way, North Kingstown, RI.

Saturday, NOV 21, 2017 Regular monthly meeting at **10:30 a.m. (NOTE THE TIME CHANGE)** at the Seabee Museum & Memorial Park, 21 Iafate Way, North Kingstown, RI.

Saturday, DEC 16 2017 Regular monthly meeting at 10:30 a.m. at the Seabee Museum & Memorial Park, 21 Iafate Way, North Kingstown, RI.

Our membership has dwindled, we must remain a viable veterans organization in Rhode Island and we urge everyone to seek out new members. They are out there, we just have to let them know we exist.

MEMBERS READY TO RENEW: PLEASE RENEW YOUR MEMBERSHIP

Blair Barrows, Edward L. Belbin, John B. Etchingham, Stephen A. Lema. Your membership is greatly appreciated.

"OCT - DEC BIRTHDAYS"

Valentino M. Almeida 11/01/26, Edouard N. Cadet 11/30/33, Melvin Carter 10/25/35, Paul J. Chilson 10/09/23, Nicholas Dalicandro 10/31/29, Thomas F. Doyle 11/21/29, Byron B. Duke 10/10/25, Arturo B. Flores 12/07/27, James F. Flyntz 10/28/31, Robert F. Gagne 11/16/36, John J. Giro 11/01/28, Gilbert Hawkins 11/23/16, Robert J. Jessop 12/03/33, Benedicto Jotie 11/19/27, James C. Kanes 12/17/29, Leo E. Kanis 10/02/41, Daniel J. Kershaw 11/25/27, David R. Kerwood 12/25/54, Henry H. Kramer 11/04/29, Ralph C. Lasky 11/16/38, David R. Lizotte 11/01/34, Paul O. Main 11/18/29, Daniel T. McGuirl 12/24/41, Robert W. Schwab 11/22/44, Joseph Skymba 11/19/29, Ellsworth E. Witmer 11/19/36, Henry J. Zakrajsek 10/12/34, Francis E. Zizza 10/04/28.

HAPPY BIRTHDAY ONE AND ALL

If I missed your birthday its because I do not have it on file. Please let me know.

UPDATE YOUR RECORD WITH HEADQUARTERS & ME

Just a reminder, I would like to have everyone's e-mail address as it will soon be necessary to cancel the hard copy of the newsletter. It is getting too expensive to produce and mail a hard copy to the shipmates and ladies. We have to have a minimum of 200 mailings(in order to send newsletters via Bulk Mail) and our membership has dropped to 154. Please give us a contact e-mail, even if it has to be a relative or friend so we can contact you. Send your address to Secretary Justin at pajusnret@me.com

The National Convention in Hunt Valley MD was a success with Shipmate Bill Starkey being elected as the National President and Shipmate Bob Washington being elected as National Vice President. Good luck to the new Board of Director

UNIT 42 NEWS

We are meeting at the n the third Monday of the month at 11:30 AM. If anyone needs a ride, please contact me at (401) 439-5329 or email: cindyrothamtuck@gmail.com.

I attended the National Convention in Baltimore, MD last month. The new officers for 2017-18 are: National President – Jean Smith, Unit 194; National Vice President – Christina Murray, Unit 40; National Executive Secretary – Doris Fri, Unit 161; National Treasurer – Bea Parco, Unit 163; and National Financial Secretary – Pat Suckow, Unit 269. The Resolution proposing a change to the dress code failed to pass. The National Convention for 2018 will be held in San Antonio, TX and I will have more information in another newsletter. Oh just in case you hadn't heard, I have been reappointed as the Membership Services Administrator. Dues payments, changes of address, report of death should be mailed to: LA FRA, PO Box 1154, Easton, MA 02334-1154.

National President Jean Smith's project is "Alzheimer's Disease." Donations can be made to: LA FRA, 106 Hyme Drive, Goose Creek, SC 29445-7331 and notate "NP Project" in the memo line. As you all known, my Mom suffered with this horrible disease so I know firsthand how it affects not only the patient, but the entire family. Please support

NP Jean's project so that there will be continued research and hopefully, find a solution for this debilitating disease.

At the NE/NEngland Regional Convention, the members elected: Regional President – Bobbie Seidel, Unit 124; Regional Vice President – Kay Black, Unit 124; Regional Secretary – PRP NE Sue Hershberger, Unit 124;

Regional Treasurer – PNP Cindy Rodham Tuck, Unit 42; and Regional Chaplain – PRP NE Sara Piacentino, Unit 124.

As noted in previous newsletters, I have been appointed as the VAVS Representative for Unit 42, but am serving at the Brockton, VA hospital. Claire Payne who is now a member of our unit is the deputy. As an ongoing project for the unit, I would also like to provide some ditty bags to the residents of the VA hospital. If the unit members would bring in a donation each month it would be much appreciated. Don't forget that the Unit is still

collecting eyeglasses, box tops, and soup labels. Eileen Beno and Dot Crouch are the contact persons. If any of you have American flags that need to be disposed of, I will make arrangements with the American Legion in Easton where Don is a member.

At the last meeting, I forgot to talk about plans for a Unit Christmas party. Seeing as there will not be another newsletter until the first of the year, I am going to make an "Executive Decision" as President (HA HA). We will celebrate at our meeting on December 18, 2017 at Greggs at 11:30 AM. Traditionally, we have brought a gift to exchange so I'm gonna go with that too. I think we set the limit to \$20.00 (but we can discuss this at the next meeting). Just wanted to give everyone a heads up so they can plan accordingly.

Another reminder: the Auxiliary has a website – www.la-fra.org which provides information of what is happening on the National level. The webmaster is enhancing the site to make it more interesting. The last 12 issues of the TRIANGLE (the National newsletter) is available for reading by clicking the link on the home page. Check it out for information about the Auxiliary. There is a link to the C&BL. Also, please check www.fra.org especially the ACTION CENTER (from the home page, click on the "Advocacy" link then, at the top, click on "Action Center"). Here you can send a pre-written letter to your representatives in Congress and the Senate to express your views. The FRA is fighting to protect our benefits and now more than ever the FRA needs us to show our support. If you don't have internet access, contact me and I will do my best to help you. On the FRA website, you can also read issues of the FRA TODAY, ON WATCH and NEWSBYTES (which is also available by calling (800) FRA-1924). Branch 42 now has a website as well – www.fra42.org.

We would like to hear from you and know that you are doing okay, if you need help or just a hello. Please give your family members the Unit information so they can contact us if necessary. To all those who are sick, get well soon; if you are celebrating a happy occasion, all the best; and if you have experienced a loss, our prayers are with you always.

IN LPS Cindy



Please join us as
we celebrate the holidays with
family and friends.

CHRISTMAS PARTY

Hosted by NSVA Island-X1

Saturday, December 9th at 11:00 a.m.

FOSTER COUNTRY CLUB

67 Johnson Road Foster RI 02825



CONTRIBUTIONS TO
RAFFLE WOULD BE
WELCOMED

Luncheon Buffet Choices includes

Cheese Board & Fruit Platter

Pasta Primavera - Chicken Parmesan

Baked Haddock Florentine

Carved Roast Beef Au Jus

Coffee - Tea

\$33.00 per person

Checks payable to NSVA Island X-1 and Mail to
Philip Justin

4 Preserved Arnold CT , Lincoln, RI 02865-2505

pajusnret@me.com / RSVP by Nov 30th

For more information contact Commander Robert Lassar

860-564-1644/Lassar@atlanticbb.net

A donation of 1 non-perishable food item

is greatly appreciated



Celebrating 75 Years We Build, We Fight -- Can Do

Retiree Checklist: What Survivors Should Know

Shift Colors periodically provides a checklist for retirees and their family members. This checklist is designed to provide retirees and their loved ones with some help in preparing for the future. The checklist is not all-inclusive and should be used with other estate planning tools.

1. Create a military file.

- Retirement orders
- DD 214
- Separation papers
- Medical records

2. Create a military retired pay file.

- Claim number of any pending VA claims
- Address of the VA office being used
- List of current deductions from benefits
- Name, relationship and address of beneficiary of unpaid retired pay at the time of death
- Address and phone number for DFAS:
Defense Finance and Accounting Service
U S Military Retirement Pay
Post Office Box 7130
London, KY 40742 7130
(800) 321-1080 option #3 (for deceased members)

3. Create an annuities file, to include:

- Information about the Survivor Benefit Plan (SBP)
(Additional information regarding SBP annuity claims can be obtained from the DFAS-Cleveland Center office at 1-800-321-1080.)
- Reserve Component Survivor Benefit Plan (RCSBP)
- Retired Serviceman's Family Protection Plan (RSFPP)
- Civil Service annuity

4. Create a personal document file.

- Marriage Records
- Divorce decree
- Adoptions and naturalization papers

5. Create an income tax file.

- Copies of state and federal income tax returns

6. Create a property tax file.

- Copies of tax bills
- Deeds and any other related information.

7. Create an insurance policy file.

- Life Insurance
- Property, accident, liability insurance
- Hospitalization/Medical Insurance

8. Maintain a listing of banking and credit information, in a secure location.

- Bank account numbers
- Location of all deposit boxes
- Savings bond information
- Stocks, bonds and any securities owned
- Credit card account numbers and mailing addresses

9. Maintain a membership listing of all associations and organizations.

- Organization names and phone numbers
- Membership fee information

10. Maintain a list of all friends and business associates.

- Include names, addresses and phone numbers

11. Hold discussions with your next of kin about your wishes for burial and funeral services.

At a minimum the discussion should include cemetery location and type of burial (ground, cremation or burial at sea). This knowledge may assist your next of kin to carry out all of your desires.

12. You could also pre-arrange your funeral services via your local funeral home.

Many states will allow you to pre-pay for services.

13. Investigate the decisions that you and your family have agreed upon. Many states have specific laws and guidelines regulating cremation and burials at sea. Some states require a letter of authority signed by the deceased in order to authorize a cremation. Know the laws in your specific area and how they may affect your decisions. Information regarding Burials at Sea can be obtained by phoning Navy Mortuary Affairs at (866) 787-0081.

14. Once your decisions have been made and you are comfortable with them, have a will drawn up outlining specifics.

15. Ensure that your will and all other sensitive documents are maintained in a secure location known by your loved ones.

Organizations to be notified in the event of a retiree death:

1. Defense Finance and Accounting Service, London, KY
(800) 321-1080
2. Social Security Administration (for death benefits)
(800) 772-1213
3. Department of Veterans Affairs (if applicable)
(800) 827-1000
4. Office of Personnel Management (OPM)
(724) 794-8690
5. Any fraternal group that you have membership with:
e.g., MOAA, FRA, NCOA, VFW, AL, TREA
6. Any previous employers that provide pension or benefits.

Feedback

Our office is always looking to improve on how information is provided to the retired Navy community. Please send suggestions to MILL_RetiredActivities@navy.mil or:

Department of the Navy
OPNAV N170C
Retired Activities Branch
5720 Integrity Drive
Millington, TN 38055-6220